

DECISION QUALITY WORKSHEET TREATMENTS FOR BENIGN PROSTATIC HYPERPLASIA (BPH)

Instructions

This survey has questions about what it is like for you to make decisions about treating your benign prostatic hyperplasia (BPH).

Please check the box or circle the number **2** to answer each item.

Your answers will tell us three important things:

1. What matters most to you?
2. How well are we doing our job of giving you information?
3. What do you talk about with your health care providers?

Thank you!

Section 1: What Matters Most to You

This set of questions includes some reasons other men have given for choosing how to treat their benign prostatic hyperplasia (BPH). We are interested in what is important to you.

Please mark on a scale from 0 to 10, how important each of the following are to you as you are thinking about how to treat your BPH.

How important is it to you to . . .

	Not at all important											Extremely important
1.1. improve or relieve BPH symptoms?	0	1	2	3	4	5	6	7	8	9	10	
1.2. <u>avoid</u> having surgery for BPH?	0	1	2	3	4	5	6	7	8	9	10	
1.3. <u>avoid</u> taking medicine for BPH?	0	1	2	3	4	5	6	7	8	9	10	
1.4. <u>avoid</u> treatment that causes problems with ejaculation?	0	1	2	3	4	5	6	7	8	9	10	
1.5. Which treatment do you want to do to treat your benign prostatic hyperplasia?												
	<input type="checkbox"/>	Surgery										
	<input type="checkbox"/>	Non-surgical treatment options										
	<input type="checkbox"/>	I am not sure										

Section 2: Facts About Benign Prostatic Hyperplasia (BPH)

This set of questions asks about some facts doctors think are important for patients to know about benign prostatic hyperplasia (BPH). The correct answer to each question is based on medical research. Please do your best to answer each question.

2.1. What happens if BPH is **left untreated**?

- Most men get better with time
- Most men stay about the same or get slowly worse over time
- Most men develop prostate cancer

2.2. In general, **when** is treatment for BPH needed?

- When a man turns 50
- When symptoms first appear
- As soon as BPH is diagnosed
- When symptoms are bothersome

2.3. For most men, which treatment is **least effective** for treating BPH symptoms?

- Surgery
- Minimally invasive procedures (e.g. heat treatments)
- Medicine

2.4. For most men, which treatment has been shown to be **most effective** for treating BPH symptoms?

- Surgery
- Minimally invasive procedures (e.g. heat treatments)
- Medicine

2.5. What is the single **most** common side effect of surgery for BPH?

- Problems with ejaculation of semen
- Problems with leaking or dripping urine
- Problems getting sexual erections

Section 3: Talking With Health Care Providers

Please answer these questions about what happened when you talked with health care providers including doctors, nurses and other health care professionals about the choices available for treating benign prostatic hyperplasia (BPH).

3.1. Did any of your health care providers talk about surgery (transurethral or open prostatectomy) as an option for you to treat your BPH?

- Yes
- No

3.2. How much did you and your health care providers talk about the reasons to have surgery to treat your BPH?

- A lot
- Some
- A little
- Not at all

3.3. How much did you and your health care providers talk about the reasons **not** to have surgery to treat your BPH?

- A lot
- Some
- A little
- Not at all

3.4. Did any of your health care providers talk about medicine as an option for you to treat your BPH?

- Yes
- No

3.5. How much did you and your health care providers talk about the reasons to take medicine to treat your BPH?

- A lot
- Some
- A little
- Not at all

3.6. How much did you and your health care providers talk about the reasons **not** to take medicine to treat your BPH?

- A lot
- Some
- A little
- Not at all

3.7. Did any of your health care providers talk about minimally invasive procedures (such as heat treatments) as an option for you to treat your BPH?

- Yes
- No

3.8. How much did you and your health care providers talk about the reasons to have minimally invasive procedures to treat your BPH?

- A lot
- Some
- A little
- Not at all

3.9. How much did you and your health care providers talk about the reasons **not** to have minimally invasive procedures to treat your BPH?

- A lot
- Some
- A little
- Not at all

3.10. Did any of your health care providers ask you which treatment you wanted to treat your BPH?

Yes

No

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